

Cheer Extreme Charlotte Attendance Policy

This policy is effective September 1, 2016 through April 30, 2017

- * Athletes are allowed 4 unexcused absences between September 1 and April 30
All athletes are expected to attend and observe practice unless hospitalized, this includes those with an injury or Dr's note.
 - 1st offense-Athlete must come in 1 hour early to condition and learn what was missed.
 - 2nd offense-Athlete must sit out 1 practice
 - 3rd offense-Athlete must sit out of a competition

Excused absence includes: Hospitalization, serious illness or injury to athlete or family member resulting in hospitalization, death in the family, scheduled school field trips, programs, or ceremonies dealing in academics only.

Unexcused absence include: School cheer or other recreational sports/activities, non- life threatening illness (athlete required to observe and learn any changes if too ill to participate), transportation issues, concerts, or vacations.

*If athletes get a substitute to fill-in for practice, athletes are required to contact substitute after practice to review any changes made to routine. (**Substitutes MUST be qualified for the age/level/position they are substiting for**) Backtracking to teach parts that were missed is counterproductive for everyone.

*Attending practices the week of a competition is MANDATORY, including any extra practice times that may be added. ("Week of competition" is defined as; Sunday before event, up to competition date.)

Injury-If an athlete is injured and cannot participate, she/he is required to attend practices and competitions as long as she/he is an active member on a team roster. Prior approval from a coach will be necessary to skip practices or a competition.

Competition Expectations

*Athletes are expected to arrive at the venue on time, ready to compete. This means in full uniform, make-up and hair done, competition bow in, cheer shoes on and ready to enter warm ups. Athletes should eat before arriving to meet team.

*ALL athletes are required to attend the awards sessions for each team they compete with. (The only exception would be if athlete is performing with another team at awards time) Attire for awards is FULL competition uniform and shoes. No other types of clothing (jackets/Tshirts) or shoes allowed on stage during awards.

Athletes respond to the amount of encouragement and cheers they receive while on stage and the more they get, the better they will do! A large group cheering for a team also gives an overall better impression of the routine to the judges. Parents are encouraged to select 1 person per team to video routine on stage and share video within the team so that ALL others can be cheering for the team. Please make a point of going to the Priority Viewing Area for each Cheer Extreme team that preforms while you are in the venue at all competitions this season. It is extremely helpful to have a large crowd for each team to offer support and cheers!

