



Monday

5:00-5:45	Extreme Basket
6:00-7:00	Level 1 & 2 Tumble
6:00-7:00	Extreme Jumps / Performance the Teal Way
7:00-8:00	Mini Extreme
7:00-8:00	Level 3 Tumble
8:00-9:00	Pro Level 2 & 3 Stunts / Stretch
8:00-9:00	Level 4 & 5 Tumble Main Floor

Tuesday

5:00-5:45	Extreme Basket
6:00-7:00	Level 1 & 2 Tumble
6:15-7:15	Level 4 & 5 Stunts / Stretch
7:00-8:00	Level 3 Tumble
7:00-8:00	Extreme Jumps / Performance the Teal Way
8:00-9:00	Level 4 & 5 Tumble

Wednesday

5:00-5:45	Extreme Basket
6:00-7:00	Level 1 & 2 Tumble
6:15-7:15	Level 4 & 5 Stunts / Stretch
7:00-8:00	Level 3 Tumble
7:00-8:00	Performance the Teal Way / Extreme Jump
8:00-9:00	Level 4 & 5 Tumble

Thursday

6:15-7:15	Mini Extreme
6:00-7:30	Partner Stunting w/Coach Billy & Coach Frost (Prior Flyer Experience Required)

LIMIT: Only First 6 Girls to call and register first (pre registered athletes get priority)

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Building Champions