

**Waiver and Release of Liability**

In consideration of \_\_\_\_\_, my minor child/ward ("My Child"), being allowed to participate in any way in the Cheer Extreme program, related events, competitions and activities, the undersigned acknowledges, appreciates and agrees that:

1. Gymnastics and cheerleading are vigorous sporting activities involving height and rotation in a unique environment, and, as such pose a significant risk of injury, Gymnastics/cheerleading and related activities always involve certain risks, including but not limited to death, serious neck and spinal injuries, and serious injury to bones, joints and muscles. The risk of such harm may be limited by safety equipment and coaches, but will never be eliminated,
2. For myself, spouse, and My Child, I knowingly and freely assume all such risks, both known and unknown, and even if arising from negligence of Cheer Extreme or others, and assume full responsibility for My Child's participation;
3. I willingly agree to comply with Cheer Extreme's standard and customary terms and conditions for participation in Cheer Extreme programs. If I observe any unusual and significant concern in My Child's readiness for participation and /or in the Cheer Extreme program itself, I will remove My Child from participation and bring such issue to the attention of the nearest Cheer Extreme personnel immediately;
4. I myself, my spouse, My Child, and on behalf of my/our heirs, assigns, personal representatives and next of kin, HEREBY RELEASE CHEER EXTREME, ITS EMPLOYEES, TEACHERS, COACHES, AGENTS, SUBCONTRACTORS, OTHER PROGRAM PARTICIPANTS, SPONSORING AGENCIES, SPONSORS, ADVERTISERS, AND IF APPLICABLE, OWNERS AND LESSORS OR PREMISES USED TO CONDUCT CHEER EXTRME PROGRAMS ("Releases"), with respect to any and all injury, disability, death, or loss or damage to personal property incident to My Child's involvement or participation in Cheer Extreme programs, whether arising from the negligence of the Releases or otherwise, to the fullest extent permitted by law; and
5. I, for myself, my spouse, My Child and on behalf of my/our heirs, assigns, personal representatives and next of kin HEREBY INDEMNIFY AND HOLD HARMLESS AND CONVENANT NOT TO SUE all of the above Releases, from any and all liabilities incident to participation and involvement in Cheer Extreme, programs, even if arising from the negligence of Releases, to the fullest extent permitted by law.

I HAVE READ THIS WAIVER AND RELEASE OF LIBILITY, FULLY UNDERSTAND ITS TERMS, AND SIGN IT VOLUNTARILY.

\_\_\_\_\_  
Signature of Parent/Legal Guardian

\_\_\_\_\_  
Date

Printed Name: \_\_\_\_\_

**MEDICAL INFORMATION AND MEDICAL RELEASE**

Emergency Contact/Number \_\_\_\_\_ Relationship \_\_\_\_\_

Secondary Contact/Number \_\_\_\_\_ Relationship \_\_\_\_\_

Student's Physician \_\_\_\_\_ Phone \_\_\_\_\_

Does the Student have any special medical conditions that we should be aware of? If so please explain.

Any Orthopedic conditions that will limit safe participation in any activity:

Contact Lenses \_\_\_\_\_ Asthma \_\_\_\_\_ Diabetic \_\_\_\_\_ Cardiac Problem \_\_\_\_\_

Medical Release. If it appears that medical treatment should be necessary due to an accident we will attempt to contact the emergency contact listed. If we cannot get in touch with the emergency contact, then we need authorization to seek medical treatment.

I hereby authorize Cheer Extreme to secure medical treatment for \_\_\_\_\_ in an emergency that may arise while he/she is on the Cheer Extreme premises or in attendance at associated event, competition or trip.

\_\_\_\_\_  
Signature of Parent/Legal Guardian

\_\_\_\_\_  
Date

**MEDICAL INSURANCE INFORMATION**

The undersigned certified that medical insurance covers the student while he/she participates in gymnastic/cheerleading activities at Cheer Extreme.

Insurance Company Name \_\_\_\_\_ Policy # \_\_\_\_\_

Parent or Legal Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

I agree to allow My Child's likeness, image, or photograph to be used at any time for marketing and promotional materials including our website.

\_\_\_\_\_  
Signature of Parent/Legal Guardian

\_\_\_\_\_  
Date